

DRAFT FILL COURSE SCHEDULE SPRING 2026 - SUBJECT TO CHANGE

Day	Times	Course Title
A. Monday	C. 10:00a-11:15a	Basics of Elder Law
	C. 10:00a-11:15a	Life Writing
	C. 10:00a-11:15a	Nonfiction Book Discussion Group
		Privacy (Something You Remember) and Surveillance (Something You Would Like to Forget)
	C. 10:00a-11:15a	Symposium on diverse and engaging topics of interest.
	E. 11:30a-12:45p	Music of the Heart
	H. 1:15p-3:45p	FILL Film Discussion Group
	J. 4:00p-5:15p	Clean-up your house and take care of your estate
	J. 4:00p-5:15p	Learning to Fly: An Introduction to Aviation
B. Tuesday	C. 10:00a-11:15a	The Lives and Music of Mozart and Beethoven
	E. 11:30a-12:45p	Reading Jane Austen's Emma
	G. 1:00p-2:15p	Ekphrastic Poetry: Experience the Beneficial Effect of Poetry and Art
	G. 1:00p-2:15p	Let's Talk About Life & Mortality Over Lunch - Conversations
	G. 1:00p-2:15p	Mark Twain: The Divided Self
	I. 2:30p-3:45p	What the Constitution Means to Me: Preview and Discussion
	J. 4:00p-5:15p	Current Events
C. Wednesday	C. 10:00a-11:15a	Out and About - places to go and things to do.
	C. 10:00a-11:15a	Photography for Everyone
	C. 10:00a-11:15a	Reading the Novel
		The Art and History of Meaningful Conversation and Irresistible Storytelling
		Antony & Cleopatra: Love and Power, Exploration of Shakespeare Series
	E. 11:30a-12:45p	New Jersey Innovation and Ingenuity
	E. 11:30a-12:45p	Singing Bowl Meditation
		The Discovery and Historical Impact of the Nuestra Senora de Atocha Shipwreck
	E. 11:30a-12:45p	Countess Ada Lovelace: The World's First Computer Programmer
	G. 1:00p-2:15p	The Life and Art of Frida Kahlo
	G. 1:00p-2:30	Literature to Film: Short Stories Adapted to Film
	G. 1:00p-4:00p	

D. Thursday	H. 1:00p-4:00p	Broadway Musicals
	J. 4:00p-5:15p	Exploring Your Heart's Intelligence to Reduce Stress & Stay in the Balance
	(double slot)	Introduction to Watercolor
	C. 10:00a-11:15a	A Brief History of the 20th Century
	C. 10:00a-11:15a	Crypto for Dummies
	C. 10:00a-11:15a	Great Literary Works of the Twentieth Century
	E. 11:30a-12:45p	Tips and Tricks for Mastering Your Apple Devices
E. Friday	F. 11:30a-1:00p*	Beginner's Mah Jongg
	G. 1:00p-2:15p	Improving interpersonal communication skills.
	G. 1:00p-2:15p	The Powerful Messages our Homes Send as Home Sellers or Home Dwellers
	G. 1:00p-3:00p	Columbo in the Classroom
	G. 1:00p-3:45p	Musical Icons in Film: Their Stories, Their Songs
	(double slot)	Advanced Watercolor Projects
	(double slot)	The state of voting in the US in 2026
	C. 10:00a-11:15a	
	E. 11:30a-1:30p	FILL Family Fridays
	F. 12:00p-1:30pm	Exploring Mediterranean Cuisine and Culture
	G. 1:00p-2:15p	Living Your Best Life
	H. 2:00p-3:00p	Meet the FILL Directors!
	H. 2:00p-4:00p	Living Your Best Life: An Online Introduction
	I. 2:30p-3:45p	Home Gardening Tips and Tricks
	(double slot)	Game Time

Instructor	Meeting Dates
Ershow-Levenberg	2/2, 2/9
Coakley	2/2, 2/16, 3/2, 3/16
Coakley	1/26, 2/9, 2/23, 3/9
Klass	4/6, 4/13, 4/20, 4/27
Srikantan	2/2, 2/9, 2/16, 3/2, 3/9, 3/23, 3/30, 4/6, 4/20, 4/27
Ogens	2/9, 2/16, 3/2, 3/9, 3/23, 3/30
Ogens & Ogens	2/2, 2/9, 2/16, 3/2, 3/9, 3/23, 3/30, 4/6, 4/20, 4/27, 5/4, 5/11
Hellner-Apelt	1/26, 2/2, and 2/9
Olcott	4/6, 4/20, 4/27, 5/4, 5/11
Spingarn	3/24; 3/31; 4/7; 4/14
Ard	3/24; 3/31; 4/7/4/14
Gerrish, EDD, MFA.	2/17, 2/24, 3/3, 3/10, 3/24
Hellner-Apelt	2/3 and 2/10
Rose	14-Apr
Salerno	27-Jan
Spencer	2/10, 2/24, 3/10, 3/24, 4/14, 4/28, 5/12
Ullman	2/11, 2/18, 2/25, 3/4
Gribbin	3/11, 3/18, 3/25, 4/01, 4/08
Gordon	2/25, 3/11, 3/25, 4/8, 4/29
DeCicco	15-Apr
Weisstuch	4/15, 4/22, 4/29, 5/6
Pomel	4/15, 4/22, 4/29, 5/6
Miller & Leigh	1/21, 1/28; 2/4, 2/11, 2/18; 3/25; 4/8
Pomel	2/25, 3/4, 3/11
Rose	25-Mar
Rose	13-May
Eger	1/28, 2/4, 2/11, 2/18, 2/25, 3/4, 3/11

Flanigan	4/22, 4/29, 5/6
Iorio	2/4, 2/11, 2/18, 2/25
Shoshkes	2/5, 2/12, 2/19, 3/12, 3/26, 4/2, 4/9, 4/23
Goldstein	3/5, 3/12, 3/19, 3/26, 4/2, 4/9
Geltman	16-Apr
Castro	1/29, 2/12, 2/26, 3/12, 3/26, 4/16, 4/30
Goldfaden	3/5, 3/12, 3/19, 3/26, 4/2, 4/9
Friedman & Quinn	1/29, 2/5, 2/12, 2/19, 2/26, * 3/5*
White	3/26, 4/2, 4/9
DeCicco	2/26, 3/5, 3/12
Stanley	2/12, 2/19, 2/26, 3/5, 3/12
Kaffel	4/16, 4/23, 4/30, 5/7
Shoshkes	2/5, 2/12, 2/19, 3/12, 3/26, 4/2, 4/9, 4/23
Uptegrove	3/27, 4/10, 4/17, 4/24, 5/1
Spencer	2/13, 2/27, 3/13, 3/27, 4/17, 5/1
Kander & Berlinsky	1/23, 1/30, 2/6, 2/13, 2/20, 2/27
Allotey	4/10, 4/24, 5/8, 5/15
Peabody & Kattelman	30-Jan
Allotey	6-Feb
Hertzberg-Mayo	10-Apr
Gilris	4/17, 4/24, 5/1, 5/8